



## Tackling damp, mould and condensation in your home

### What is damp?

Damp occurs when a fault in the building's structure lets in water from the outside. Damp can originate from:-

- Leaking pipes, wastes, drainage and overflows.
- Rain water from defective roof coverings, blocked or leaking gutters and broken pipes.
- Penetrating dampness around windows, through walls and due to raised ground levels.
- Rising damp due to lack of, or no effective damp proof course.

### What is condensation?

This occurs when the moisture in the air becomes cooler and tiny water droplets appear on surfaces. Condensation is caused by:-

- Humidity of indoor air.
- Low temperature.
- Poor ventilation.
- Poor insulation.

Condensation usually happens during cold weather and appears on cold surfaces and areas where there is little movement of air. For example in corners of rooms, on or near windows, in or behind furniture. If left untreated, mould will begin to grow.

## Do's and don'ts to reduce condensation in the home

### Do

- Make sure your home is properly heated: Try to leave the heating on a low to moderate setting for long periods.
- Have the right balance between heating, ventilation and insulation.
- In the short term, wipe off the condensed water from windows and cills with a fungicidal wash, every morning when condensation is occurring. Wring the cloth out in a sink rather than drying it out on a radiator.
- Always cook with pan lids on and turn the heat down once the water has boiled.
- Only use the minimum amount of water for cooking vegetables.
- If you use a tumble dryer, make sure it is vented to the outside.
- Always run an extractor fan or open a window when showering or cooking.
- Keep trickle vents open at all times.
- Close the bathroom and kitchen doors when these rooms are in use. You should do this even if these rooms have extractor fans.
- Put cold water in the bath before adding hot.
- Allow space for air to circulate in and around your furniture.
- Leave space between the backs of wardrobes and the wall.
- Where possible, position wardrobes against internal rather than external walls.
- Dry clean carpets that have mildew.

### Don't

- Never dry laundry on radiators: You should make sure that if possible, you dry washing out of doors or put it in the bathroom with the door closed and the window open or extractor fan on.
- Don't leave kettles boiling.
- Don't use paraffin and portable flueless bottled gas heaters. These can produce a lot of moisture.
- Never overfill wardrobes and cupboards because this restricts air circulation.
- Don't use your gas cooker to heat the kitchen because this appliance produces moisture when burning gas.
- Never block permanent ventilators. For example vents to windows, airbricks to walls and chimney breasts.

**Please follow the do's and don'ts advice for a four week period.**

If after four weeks of following the do's and don'ts advice, the condensation in your home has still not improved, you should contact the **Housing Customer Services team again on 0330-1193000**. One of our Customer Services Officers may then arrange for an inspection of your home to be carried out to establish if there is damp.